

Overall

9km

Race No	Name	Sex	Age Cat	Race Time	Ov Pos	Age Pos
65208	JOE MAPHUMELO	M	19-39	0:32:37	1	1
79556	THULANI SKHAKHANE	M	19-39	0:33:14	2	2
27398	HLELANI RADEBE	M	19-39	0:33:51	3	3
B1335	PHAKA ZONDI	M	19-39	0:34:26	4	4
F2136	SANDILE MTOLO	M	19-39	0:36:27	5	5
56424	JONATHAN WERTH	M	U18	0:36:31	6	1
99321	MAKABONGWE TENZA	M	19-39	0:40:36	7	6
98743	RACHEL VAN DEVENTER	F	U18	0:40:51	1	1
f1893	DAEMIN SCHAANICK	M	19-39	0:41:33	8	7
21421	KAYLEIGH LINDEQUE	F	U18	0:42:02	2	2
2768	ANDRE WOLMARANS	M	40-49	0:42:12	9	1
83661	NOKUKHANYA MEMELA	F	19-39	0:43:24	3	1
5193	EMMA JANE DICK	F	19-39	0:45:24	4	2
8057	RYAN VAN DEVENTER	M	40-49	0:45:45	10	2
52181	BELLA HACKLAND	F	U18	0:46:57	5	3
34367	JENNA SHUKER	F	19-39	0:47:40	6	3
17029	TIM HILLIAR	M	19-39	0:49:53	11	8
f2119	CANDICE ELS	F	19-39	0:50:05	7	4
f2118	DURRAN ELS	M	40-49	0:50:08	12	3
7135	CATHERYN VIGAR	F	40-49	0:52:04	8	1
80863	NICOLE BODMER	F	19-39	0:52:32	9	5
73519	KHANYA SINGH	F	40-49	0:53:02	10	2
71420	JANA DAMMANN	F	U18	0:54:02	11	4
7487	JANE DICKINSON	F	60+	0:54:41	12	1
91422	BERNARDT JOUBERT	M	40-49	0:55:14	13	4
70945	BYRON COCKCROFT	M	19-39	0:55:18	14	9
19459	ZACHARIAH DERMICK	M	19-39	0:55:34	15	10
C0192	LISA NOURSE	F	50-59	0:55:51	13	1
12640	PAUL SCRUBY	M	50-59	0:55:52	16	1
95424	TRISTAN SEBIRE	M	19-39	0:56:17	17	11
f2055	MICHAEL PHIPPS	M	U18	0:56:54	18	2
f1774	THANDOKUHLE NKONYENI	F	19-39	0:57:16	14	6
16011	TESSA HENDERSON	F	19-39	0:57:52	15	7
46975	CATHY BROWN	F	50-59	0:57:54	16	2
55822	ROB AINSLIE	M	60+	0:58:46	19	1

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c0778	NASTASHA DE KLERK	F	19-39	0:59:53	17	8
71352	LIZE COETZEE	F	40-49	1:00:05	18	3
f2294	TAMIKA QUIRKE	F	19-39	1:00:37	19	9
16392	GLENDA PATTERSON	F	50-59	1:00:46	20	3
6049	LISA CAMPBELL	F	40-49	1:01:16	21	4
55632	GEORGE CLARK	M	60+	1:01:22	20	2
F1964	COLLEEN PETRUCCI	F	50-59	1:01:39	22	4
f1524	BENITA VAN EEDEN	F	40-49	1:01:58	23	5
F1930	TERRENCE PEARTON	M	50-59	1:02:13	21	2
4682	ERIC BOTHMA	M	50-59	1:02:18	22	3
4681	WENDY BOTHMA	F	50-59	1:02:18	24	5
b3717	BASIL ZOUNIS	M	19-39	1:02:20	23	12
50599	MICHAEL MANSON	M	60+	1:02:34	24	3
42872	ALECIA FERGUSON-ROBERTS	F	50-59	1:03:34	25	6
91792	DUDLEY THOMSON	M	19-39	1:03:35	25	13
57800	LYNNE HARRISON	F	40-49	1:03:45	26	6
64850	BELINDA DE BROIZE	F	40-49	1:04:41	27	7
25916	DELWIN DE BROIZE	M	40-49	1:04:45	26	5
f1894	ROBYN PHIPPS	F	19-39	1:05:23	28	10
B0773	THABISILE ZULU	F	40-49	1:06:01	29	8
F2126	NINA KITCHING	F	40-49	1:06:04	30	9
44195	WESLEY IMESON	M	19-39	1:06:10	27	14
f1641	CHERYL RETALLICK	F	50-59	1:06:16	31	7
54433	CRAIG INGGS	M	50-59	1:06:29	28	4
21042	MEGAN MCEWAN	F	19-39	1:06:36	32	11
16213	LARA BATESON	F	40-49	1:06:59	33	10
48190	KIM SELWOOD	M	60+	1:07:44	29	4
F1962	JACQUELINE FOSTER	F	50-59	1:07:51	34	8
F1924	MELISSA KROEZEN	F	40-49	1:08:07	35	11
5677	MANUELA KOSSMANN	F	40-49	1:08:19	36	12
85919	CHARNELL SIERRA	F	40-49	1:08:21	37	13
90212	ALONDWE BIYELA	M	U10	1:08:38	30	1
70386	JESSICA JACOBS	F	19-39	1:08:39	38	12
85574	RUSSELL TREDWAY	M	19-39	1:09:15	31	15
4049	ANDRE PENTZ	M	60+	1:09:17	32	5

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F2050	MERVIN FENNER	M	60+	1:09:51	33	6
A8196	SILINDILE RADEBE	F	19-39	1:10:26	39	13
F1963	IVAN FOSTER	M	60+	1:10:38	34	7
9793	JEN VAN ROOYEN	F	40-49	1:10:56	40	14
11849	WENDY JAMES	F	60+	1:11:41	41	2
15634	BEATE HORRELL	F	50-59	1:11:41	42	9
F2098	CAYLEE ELLERO	F	19-39	1:11:54	43	14
40141	JONATHAN HENRY	M	19-39	1:11:57	35	16
2328	KAY MEYRICK	F	60+	1:12:08	44	3
66572	CHRISTO LINDEQUE	M	50-59	1:12:15	36	5
F1861	ZAMA KHAWULA	M	19-39	1:12:49	37	17
61923	MICHELLE ALBERS	F	60+	1:14:25	45	4
21547	TANIA KUHL	F	19-39	1:14:48	46	15
C1027	SARAH GAMA	F	19-39	1:16:13	47	16
B1346	NICOLA PAUL	F	50-59	1:17:13	48	10
33964	SHARLENE JOLLEY	F	50-59	1:17:15	49	11
F2142	JENNA BLITENTHALL	F	U13	1:18:09	50	1
E6001	MARGUERITE LABUSCHAGNE	F	19-39	1:18:28	51	17
54432	KAREN INGGS	F	50-59	1:18:28	52	12
3307	MIKE ALBERS	M	60+	1:20:01	38	8
48939	GABRIELLE WALLACE	F	U18	1:21:54	53	5
95957	MAREN SMITH	F	50-59	1:22:00	54	13
B2748	CHARMAIN VAN DER SANDT	F	50-59	1:22:00	55	14
F1902	PIERRE DU BUISSON	M	40-49	1:22:17	39	6
63353	MARIA VAN NIEKERK	F	50-59	1:22:22	56	15
52887	MAGGIE BARMARDO	F	40-49	1:23:54	57	15
10748	NEIL PATTERSON	M	50-59	1:24:16	40	6
80135	BARBARA RAUBENHEIMER	F	50-59	1:25:22	58	16
F1931	JENNY SIMON	F	50-59	1:25:28	59	17
40268	DAVID WOOD	M	50-59	1:25:33	41	7
13626	CRAIG BLITENTHALL	M	50-59	1:29:21	42	8
F2120	BERNICE BLITENTHALL	F	50-59	1:29:25	60	18
66069	ERIC BRANDLING	M	60+	1:29:26	43	9
C1029	PHUMELELE GAMA	F	19-39	1:29:39	61	18
F2058	LUNGILE ZIBANI	F	19-39	1:29:44	62	19

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47027	VICKI HICKEN	F	40-49	1:30:57	63	16
20405	GILLIAN SCOTT	F	60+	1:30:57	64	5
C0834	PUMEZA MNGONYAMA	F	19-39	1:33:39	65	20
56016	PHUMLA NHLUMAYO	F	40-49	1:33:47	66	17
56009	BUSISIWE ANGEL MAPHANGA	F	40-49	1:34:16	67	18
F2061	ZAMASHAMASE MKHWANAZI	F	19-39	1:36:55	68	21
8572	ZELDA VERWEY	F	50-59	1:37:11	69	19
67569	SONGEZO BALENI	M	19-39	1:37:13	44	18
73684	ANTHEA DIAZ	F	40-49	1:37:16	70	19
C1310	CHANTELLE DESPLACE	F	40-49	1:37:18	71	20
F2107	MARK MILLAR	M	19-39	1:38:25	45	19
F0279	TAYLA FLOCKHART	F	19-39	1:39:25	72	22
45801	PAMELA VAN ROOYEN	F	60+	1:39:28	73	6
F2108	TARRYN ASHLEY MILLAR	F	19-39	1:40:49	74	23
C1291	ANITA SAMUEL	F	60+	1:41:24	75	7
F2052	CLARISSA FENNER	F	50-59	1:41:25	76	20
29631	GERTINA BRANDLING	F	60+	1:42:43	77	8
54732	JEN DU PREEZ	F	40-49	1:42:57	78	21
98029	CYNTHIA MORTON	F	50-59	1:43:00	79	21
8955	JANE BAIN	F	60+	1:43:48	80	9
4454	LINDA ATTWELL	F	60+	1:43:58	81	10
F1979	LESLEY SHIPP	F	60+	1:44:56	82	11
B1556	TONY YUNNIE	M	60+	1:44:57	46	10
21291	MARILYN QUIRKE	F	50-59	1:44:58	83	22
F2071	LYNETTE MOHRING	F	50-59	1:45:00	84	23
36764	SANDRA BRUYNS	F	60+	1:45:21	85	12
56695	RENETTE VAN DER MERWE	F	60+	1:46:23	86	13
3618	MARIA VAN TONDER	F	60+	1:46:23	87	14
F2099	LAURA MOORES	F	19-39	1:46:32	88	24
F2062	JENNIFER MOORES	F	60+	1:46:38	89	15
F2069	PATRICIA COLLOCOTT	F	50-59	1:48:22	90	24
F2097	GEOFF MOORES	M	60+	1:48:37	47	11
16410	ZINA ANASTASIOU	F	50-59	2:10:22	91	25
83456	LINDSAY DUNSMORE	F	50-59	2:10:25	92	26